

MOUNTAIN OF HELL 2024

RULES *(subject to change)*

Preamble

The discipline of MTB DESCENT MARATHON (DHM) is governed by the International Cycling Union and the French Cycling Federation in Title IV Chapter 4.3.001.

In cases not covered by the present regulations, reference must be made to the general regulations of the Union Cycliste Internationale and the Fédération Française de Cyclisme.

Article 1 - Definition

On 21, 22 and 23 June 2024 the 2 Alpes Tourist Office is organising the "MOUNTAIN OF HELL" with the support of the commune of Les Deux Alpes and the company SATA 2 Alpes. This event will be run in accordance with the sporting code of the French Cycling Federation and the present regulations.

The Mountain of Hell is a Downhill Marathon mountain bike race. Each participant must be able to demonstrate a sufficient technical level to take part in this competition, and in particular to ride on snow, in freeride zones and down the black pistes of the Les 2 Alpes Bikepark. The Downhill Marathon events are competitions with line starts (Mass-Start MTB) on downhill courses with a wide variety of obstacles and crossings, requiring strength, endurance, skill, improvisation and daring, using the technology of multi-purpose mountain bikes (MTBs). The race committee and the panel of referees reserve the right to modify these rules at any time in order to ensure the safety of participants. Any competitor who takes part in this competition is deemed to be familiar with these rules and undertakes to comply unreservedly with all their provisions. The sole competent authority for the application of these rules shall be the referees' panel.

Article 2 - Participation and specific features

2.1 General information about Mountain of Hell

The competition is open to all male and female competitors who are 15 years of age in the current year and who hold a licence from the FFC or a UCI-affiliated federation with proof of a medical certificate stating that they are not contraindicated in cycling in competition.

The competition is also open to non-licensed competitors who have presented a medical certificate less than one year old (on the date of the event) stating that they are fit to ride mountain bikes in competition.

Competitors under the age of 18 will need parental authorisation to collect their number plates.

2.2 Specific features of the Mountain Of Hell E-Bike

Competitors taking part in the Mountain Of Hell on electric mountain bikes are subject to the same rules as competitors taking part in the Mountain Of Hell on muscle mountain bikes.

However, there is a difference between this category and the course for the final. All E Bike competitors will be required to follow an uphill variation of the classic course. They will nevertheless be included in the mass start of the final alongside the other competitors, and will have benefited from a special wave the day before during the placement round on the classic route.

2.2 Specific features of Mountain Of Hell Kids

The Mountain of Hell Kids is an adapted version of the Mountain Of Hell for children aged 9 to 14. It takes place on 22 and 23 June 2024. All the specific details of this race (programme, registration procedures, event format, rankings and equipment) can be found in **Appendix 1 to these regulations (see page 13)**. *In the absence of information specific to the MOH Kids, these regulations shall prevail.*

Article 3 - Provisional programme

Thursday 20 June 2024	4pm-7pm	Plaque collection - Palais des sports
Friday 21 June 2024	9am-1pm/16pm-7pm	Plaque collection - Palais des sports
	9am-5pm	Free recognition of the 2 runs
Saturday 22 June 2024	8.30 a.m. to 9.30 a.m.	Plaque collection - Palais des sports
	9h	Boarding the Jandri Express
	10 a.m. to 2.30 p.m.	Qualifying run - Start every 20 minutes from 2600m
	18h30	Line collection and runners' briefing - Place des 2 Alpes (or Palais des Sports in case of bad weather)
Sunday 23 June 2024	5am-7am	Boarding the Jandri Express
	9h	Start of the final
	12h	Meal - Palais des Sports
	13h30	Awards ceremony - Palais des Sports

	15h	Bye Bye and see you next year!
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Programme subject to change

Article 4 - Registration procedures

4.1 Registration

Registrations can only be made online at <https://www.yaka-inscription.com/mountainofhell2024> . No on-site registration will be accepted.

For licence holders, the registration fee is €95 (including 3-day mountain bike package, excluding insurance, licence and administration fees).

For non-members, the registration fee is €110 (3-day mountain bike package, including insurance, excluding administration costs).

These registration fees are non-refundable. Cancellation/refund insurance is available at a single cost of €10 per registration (see 4.4). Application fees are non-refundable.

Online registration closes on 18/06/2024 at 23:59.

Each registration is personal and non-transferable.

Please use the following table for your online entries (correspondence between year of birth and categories for 2024):

Category	FFC category designation	Age	Year of birth
Ladies	Ladies	15 and over	2009 and -
Cadets	Cadets	15/16	2009 à 2008
Juniors	Juniors	17/18	2007 à 2006
Men	Men	19/29	2005 à 1995
MAST30	Masters 30	30/39	1994 à 1985
MAST40	Masters 40	40/49	1984 à 1975
MAST50	Masters 50	50/59	1974 à 1965
MAST60	Masters 60	60 and over	1964 and under
E BIKE Dam	Women's VTTAE	15 and over	2009 and -
E BIKE Hom	VTTAE Men	15 and over	2009 and -

4.2 Removing the plates

Plates can be collected from the Palais des Sports des 2 Alpes on Thursday 20 June from 4pm to 7pm, Friday 21 June from 9am to 1pm and then from 4pm to 7pm and Saturday 22 June from 8.30am to 9.30am.

Participants with a licence must present their FFC or UCI licence card for the current year.

Participants under the age of 18 must present a signed parental authorisation from their legal guardian.

Non-licensed participants must produce a medical certificate, less than one year old, stating that they are not contraindicated in practising the sport or discipline concerned in competition.

4.3 Insurance

By entering the competition, each rider certifies that he or she has third-party liability insurance covering his or her own liability towards third parties. This insurance is compulsory.

4.4 Cancellation/refund insurance

Fees will be reimbursed (excluding transaction fees, bank transfer fees and administration fees) if the candidate has taken out cancellation insurance for €10 at the same time as registering for the test and subject to acceptance of the application and provision of the required supporting documents. All requests for cancellation for any reason must be made by post or e-mail before 18/06/2024 at 23:59. After this date, no request for reimbursement will be considered. Without cancellation insurance, no refund will be made.

4.5 Number allocation

Race numbers will be allocated by the Clerk of the Course on the basis of the competitors' track records. Competitors' numbers will be systematically placed on the first line(s) and allocated in proportion to their number in all the "qualifying heats".

Article 5 - Event format

5.1 Course reconnaissance

The events will take place on the Bikepark des 2 Alpes but also on paths outside the Bikepark. Participants will be required to reconnoitre the course by bike and on foot before the start of the competition. This reconnaissance is scheduled for Friday 21 June from 9am to 5pm. It is forbidden to train on the course outside the official times, failing which you will be disqualified.

It is compulsory to arrive at the start of the course with the race plate attached to the mountain bike, even during the reconnaissance periods.

5.2 Qualifying round

The qualifying round will take place on Saturday 22 June from 10am to 2.30pm. Participants will start in waves of around one hundred (the exact number will be determined by the total number of entrants) every 20 minutes. The starting order of the waves will be based on the order of the start numbers.

Participants who have retired without crossing the final finish line of the qualifying heat must notify the timekeeper of their wish to take part in the final heat; they will then be reinstated and positioned behind the last line of the last participants.

5.3 Final round

The final round will take place on Sunday 23 June at 9am. Participants will take part in the mass start.

Entries will be posted online on the basis of the results of the qualifying round.

At the end of the "qualifying heats", all participants are required to collect the self-adhesive line number designating their position, with proof of identity. This sticker must be placed on the frame plate to access their respective starting line for the final round of the MOH.

Article 6 - Disqualifications and penalties

6.1 At the start

Riders will start from a standing position.

In the final race, riders will have to start standing behind their bikes on the ground, snow conditions permitting.

6.2 On the course

Riders must respect the limits of the circuit, which are marked by nets, tape, arrows or directional gates. If they leave the track, they must return to where they left off.

The marshals will be positioned along the course to ensure that the stages are properly marked. They will be responsible for reporting any infringements to the race director and the FFC referees.

All competitors must cross the finish line with their bike in order to be classified.

6.3 Summary of penalties

1. Missing race clothing and compulsory accessories : Refusal to start
2. Incorrect race number or number plate: 1 minute penalty.
3. No line sticker: one line downgraded
4. Entering the start area after the call: Demotion of 2 lines
5. The penalty may not be less than 30 seconds and may go as far as disqualification.
6. Withdrawal of race number outside the time required for reconnaissance: Positioning of the rider on the last line of his "placement - qualification race".
7. Fault at the start leading to the race being stopped: penalty ranging from demotion by one line to disqualification.
8. Pollution and degradation of the site(s) by competitors or their assistance: 5-minute penalty per object.
9. Non-compliant material and equipment: Disqualification
10. The competitor uses another means of transport on the competition course: Disqualification
11. Driving in the opposite direction to the race: Disqualification
12. Testing during the race period(s): Disqualification
13. Non-assistance to a rider in danger: Disqualification
14. Disrespectful or insulting behaviour towards a member of the organisation: Disqualification.

Each of these penalties will be adjusted at the discretion of the referee and the Jury.

6.4 Complaints

Complaints must be made in writing to the Race Jury within 30 minutes of the publication of the results, and must include the following:

- bib number of the competitor(s) presumed to be at fault,
- summary and sketch of the incident,
- position on the course,
- evaluation of the time saved and other comments relating to the fault identified,
- evidence and testimony.

They must be accompanied by a cheque for €15. This sum will be reimbursed only if the complaint is found to be justified.

The Jury is made up of referees appointed by the FFC, assisted by the Race Director. The Jury settles the dispute as quickly as possible by meeting on site. Any competitor called into question is heard by the Jury. The Jury's decision is final.

Article 7 - Classification

7.1 Categories

Here are the different categories that will be taken into account:

Ladies' Scratch (from age 15)

Cadets (aged 15 and 16)

Juniors (aged 17 and 18)

Scratch Men (from age 19)

Master 30 (aged 30 to 39)

Master 40 (aged 40 to 49)

Master 50 (aged 50 to 59)

Master 60 (from age 60)

Women's E Bike (from age 15)

Men's E Bike (aged 15 and over)

* Only the year of birth is taken into account in the category.

7.2 Prize Money and prizes

MOH	1 ^{er}	2 ^{ème}	3 ^{ème}	4 ^{ème}	5 ^{ème}	TOTAL
Ladies' Scratch	1 000 €	700 €	400 €	200 €	100 €	2 400 €
Cadets	Lots	Lots	Lots			
Juniors	Lots	Lots	Lots			
Men's Scratch	1 000 €	700 €	400 €	200 €	100 €	2 400 €
Master 30	Lots	Lots	Lots			
Master 40	Lots	Lots	Lots			
Master 50	Lots	Lots	Lots			
Masters 60 and over	Lots	Lots	Lots			
Women's E Bike	Lots	Lots	Lots			
E Bike Men	Lots	Lots	Lots			
						4 800 €

Drivers who fail to attend the official prize-giving ceremony will forfeit any prizes and medals awarded to them.

The organisers reserve the right to review the prizes and prize money if the number of entrants does not exceed 5 per category.

7.3 Classification

An overall classification will be drawn up at the end of the qualifying round, which will determine the starting grid for Sunday's race.

If the Sunday race has to be cancelled for climatic or safety reasons, the Saturday rankings will be taken into account for the final rankings.

In the event of a tie on Sunday, the winner will be the rider with the fastest qualifying time.

In the event of another tie, the youngest player will be declared the winner.

Article 8 - Regulations

8.1 Race coordinators

Race director: David MOREAU (Cimes Event)

Trail boss: Stéphane CHARREL (SATA 2 Alpes)

The race director is responsible for applying these regulations in consultation with the appointed FFC referees and for its provisions during the event.

8.2 Amendments, supplements and interpretations

Any complaints regarding this application will be forwarded to the jury, which alone has the power of decision.

Any amendments or additional provisions will be announced in dated and numbered addenda which will form an integral part of the regulations.

These additions will be displayed at the Tourist Office and will be sent to participants as soon as possible.

Article 9 - Equipment

9.1 Technical checks

Mountain bikes must be in good general condition, with a crack-free frame and brakes in good working order. Fatbikes are not permitted on the Les 2 Alpes mountain bike area.

Technical inspections may be carried out at any time.

Electric mountain bikes must comply with French speed regulations (25 km/h maximum) and may be inspected by FFC referees.

If the organisers detect an ATV that does not meet the above criteria, the rider will not be allowed to start.

9.2 Compulsory equipment

Each participant must be equipped with :

- CE-standard full-face helmet with fixed or detachable chin strap
- knee pads
- long gloves
- CE back protector or bag with CE back protector
- short-sleeved jersey

Elbow pads and a long-sleeved shirt are strongly recommended.

Any competitor not in possession of the complete equipment will be refused the start. Unannounced checks may be carried out by a member of the organising team or by the FFC jury (see event regulations).

Competitors are solely responsible for the reliability of the protective equipment they use: helmet, elbow pads, knee pads, etc.

Competitors must wear the protective equipment required by the event regulations throughout the race, failing which they will be disqualified.

Cameras are only permitted on the visor with a removable device or on the handlebars of the bike (under no circumstances may they be placed on the rider's chest).

Article 10 - Responsibilities

10.1 Responsibilities of the organiser

The organiser may only be held liable in the event of gross negligence, intent or wilful misconduct. The participant and his/her insurers guarantee and indemnify the organiser, its subcontractors and their respective insurers against any claim or other action of any nature whatsoever in relation to these Rules emanating from a third party.

On the day of the final, participants will be able to leave their belongings with the organisers at the race start. All equipment will be taken back to the meal venue. The organisers decline all responsibility in the event of loss.

10.2 Participant responsibility and sporting ethics

The MTB Downhill Marathon is a long-distance outdoor discipline where commitment and risk-taking are important. The Organising Committee would like to draw competitors' attention to the fact that sportsmanship and responsibility must prevail. It is the responsibility of each competitor to take the time to inform the nearest first-aid post in the event of an incident or accident requiring medical attention. Otherwise, sporting sanctions may be imposed.

A competitor who provides assistance to another competitor who has been injured may be granted time credit on request, based on the following procedure: the time between the 1st call to the emergency number to report the incident and a further call before setting off again after being taken care of by the emergency team (please note that confirmation is required to validate the start time at the site of the accident).

Article 11 - Sponsors

Competitors are permitted to place any advertising they wish on their mountain bikes. However, they must place the race plate supplied by the organisers on their bike without making any modifications to it or masking the event's advertising.

Article 12 - Image rights

Each participant in the Mountain of Hell authorises and grants to the Office de Tourisme des 2 Alpes and its associates, partners, promoters, advertisers, broadcasting companies, agents, representatives, licensees and beneficiaries, all necessary authorisations, rights, licences and permissions to use photographs, audio or video recordings, or any other form of recording likely to capture the image of the participant, portrait, voice or representation (or all of them), in which the participant may be represented in whole or in part, in any manner whatsoever or on any media, including press appearances, broadcasts, internet appearances, downloadable content and applications, and all other dissemination technologies known or not yet developed. The Images may be used and exploited for commercial or non-commercial purposes and may be altered, modified, changed, combined or incorporated into other works. The participant waives all rights to the image (including privacy, personality and publicity rights). No damages or other financial compensation will be awarded to the participant for or in connection with the use of his/her Image.

Article 13 - Data collection

The data collected as part of your registration for the Mountain Of Hell is recorded in a file by the 2 Alpes Tourist Office, whose head office is located at 4 Place des 2 Alpes, 38860 Les Deux Alpes. The Tourist Office is the data controller and organiser of the event. The legal basis for processing is the Office's legitimate interest in managing registrations for the event, and in using the data for the event and future editions of it.

The personal data entered by the participant in the online registration form must be provided. Otherwise, your registration will not be considered valid.

The personal data provided by the participant in the registration form will only be communicated to employees of the Office du tourisme des 2 Alpes. Certain data, such as the postal address, may be passed on to service providers only in the case of home delivery of prizes. The data will not be communicated to the event's partners, unless you consented at the time of registration to the sharing of your data with the event's partners.

In the case of free events, the data is kept for the duration of the event in order to fulfil the purposes for which it was collected. If the event is a recurring one, the data will be kept for a period of one year in order to invite event participants the following year.

In the case of events where there is a contract between the organiser and the participant, particularly paid events, the documents will have to be kept for a longer period, in order to anticipate any disputes. In such cases, the documents will be kept for the statutory period of 5 years after the end of the event.

Participants will have the right to access, rectify, limit and delete (for certain data only) any personal data entered on the registration form. To exercise any of these rights or if you have any questions about the processing of your data under this scheme, you can contact our data protection officer at the following e-mail address: dpo2alpes@les2alpes.com.

If, after contacting us, you feel that your "Data Protection" rights have not been respected, you may submit a complaint to the CNIL.

APPENDIX 1: Mountain of Hell Kids rules and regulations

Participation

The competition is open to all competitors aged between 9 and 14 in the current year. The competition is open to both licensed and non-licensed competitors who have presented a medical certificate less than a year old stating that they are fit to ride mountain bikes in competition. Each participant must also be able to prove that he or she is technically competent enough to take part in the competition.

Forward Programme

Thursday 20 June 2024	4pm-7pm	Plaque collection - Palais des sports
Friday 21 June 2024	9am-1pm/16pm-7pm	Plaque collection - Palais des sports
Saturday 22 June 2024	8.30 a.m. to 12 p.m.	Plaque collection - Palais des sports
	12pm-3pm	Free recognition
	16h	MOH KIDS race
	18h30	MOH KIDS prize-giving ceremony - Place des 2 Alpes (or Palais des Sports in case of bad weather)
Sunday 23 June 2024	7h	Boarding the Jandri Express
	9h	Departure from the MOH as a spectator, followed by a mountain bike experience on snow supervised by professionals.
	12h	Meal - Palais des Sports
	15h	Bye Bye and see you next year!

Programme subject to change

How to register

Registrations

Registrations can only be made online at <https://www.yaka-inscription.com/mountainofhell2024> . No on-site registration will be accepted.

For all participants (with or without a licence), the registration fee is €50 (including 2-day mountain bike pass and insurance costs, excluding administration costs).

These registration fees are non-refundable. Cancellation/refund insurance is available at a single cost of €10 per registration (see 4.4 of the general regulations on page 13).

Online registration closes on 18/06/2024 at 23:59.

Each registration is personal and non-transferable.

Please use the following table for your online entries (correspondence between year of birth and categories for 2024):

Category	FFC category designation	Age	Year of birth
KIDS 9/10 Thread	Pupil girls	09/10	2015 à 2014
KIDS 9/10 Gar	Pupil boys	09/10	2015 à 2014
KIDS 11/12 Thread	Benjamines	11/12	2013 à 2012
KIDS 11/12 Boys	Benjamins	11/12	2013 à 2012
KIDS 13/14 Thread	Minimes girls	13/14	2011 à 2010
KIDS 13/14 Boys	Minimes boys	13/14	2011 à 2010

Removing the plates

Plates can be collected from the Palais des Sports des 2 Alpes on Thursday 22 June from 4pm to 7pm, Friday 23 June from 9am to 1pm and from 4pm to 7pm and Saturday 24 June from 8.30am to 12pm (specific MOH Kids slot from 9.30am to 12pm).

Participants in the "Mountain Of Hell Kids" must present a signed parental authorisation from their legal guardian and a medical certificate (less than one year old) stating that they are not contraindicated in the practice of the sport or discipline concerned in competition (or, failing that, present an FFC or UCI licence for the current year).

Test format

Course recognition

The events will take place on the Bikepark des 2 Alpes but also on paths outside the Bikepark. Participants must reconnoitre the course on their bikes before the start of the competition. This reconnaissance is scheduled for Saturday 22 June from 12 noon to 3 pm. It is forbidden to train on the course outside of the official timetable, as the course will be being prepared that morning. It is compulsory to arrive at the start of the course with the race plate attached to the mountain bike, even during the reconnaissance periods.

MOH Kids race

The race will take place on Saturday 22 June at 4pm. Participants will take part in a mass start by age category.

MOH Kids snow activities

Sunday 23 June at 9am: registration for the MOH Kids race gives you the chance to watch the start of the MOH as a spectator and then take part in a mountain bike on snow activity supervised by professionals (boarding the Jandri Express at 7am).

Ranking

Categories

Only three categories will be considered:

- Pupils: boys and girls aged 9 and 10*.
- Benjamins: boys and girls aged 11 and 12*.
- Minimes: boys and girls aged 13 and 14*.

*Only the year of birth is taken into account for category assignment.

Awards

The organisers reserve the right to allocate the prize-giving prizes according to the categories represented during the event and guarantee at least one prize to the first-placed riders in each category.

Drivers who fail to attend the official prize-giving ceremony will forfeit any prizes and medals awarded to them.

Hardware

Technical checks

Mountain bikes must be in good general condition, with a crack-free frame and brakes in good working order. Fatbikes are not permitted on the Les 2 Alpes mountain bike area. Electric mountain bikes must have their batteries removed if they can be removed. Otherwise, they will not be allowed to take part in the Mountain Of Hell Kids.

Technical inspections may be carried out at any time.

If the organisers detect an ATV that does not meet the above criteria, the rider will not be allowed to start.

Compulsory equipment

Each participant must be equipped with :

- CE-standard full-face helmet with fixed or detachable chin strap
- knee pads
- long gloves
- CE back protector or bag with CE back protector

Elbow pads are strongly recommended.

Any competitor not in possession of the complete equipment will be refused the start. Unannounced checks may be carried out by a member of the organising team or by the FFC jury (see event regulations).

Competitors are solely responsible for the reliability of the protective equipment they use: helmets, elbow pads, knee pads, etc.

Competitors must wear the protective equipment required by the event regulations throughout the race, failing which they will be disqualified.

Cameras are only permitted on the visor with a removable device or on the handlebars of the bike (under no circumstances may they be placed on the rider's chest).