

SPRING/SUMMER 2025

PRESS *Kit*

New Season Announcement

A brand new period from 5 May to 6 July offers holidaymakers a complete range of ways to discover the high mountains.

New Jandri Gondola

The Jandri gondola is running NON-STOP from November 30, 2024, to August 31, 2025!

Spring-Summer Season

Enjoy skiing, mountain biking, hiking, lakes, paragliding, golf, trail running, and much more, available until August 31, 2025.





EDITORIAL

Les 2 Alpes: an all-season mountain destination with a dynamic and varied May-June version!

NO MORE
shoulder season!

A brand new period from 5 May to 6 July offers holidaymakers a complete range of ways to discover the high mountains. At Les 2 Alpes, the mountains offer themselves up continuously, as the call of the summits echoes all year round. When the winter ski season comes to an end in May, it's time for the spring-summer period, as an infinite landscape offers itself up to skiers, mountain bikers, runners, hikers and families.

At Les2Alpes, there's something for everyone, depending on the season, altitude, ability and preferences. Our resort is an instant hit, at any time of year! With 70,000 visitors in summer (280,000 in winter), it attracts professionals (athletes, skiers, mountain bikers) and families alike.

Sports enthusiasts enjoy a real training ground, while families can explore a multitude of activities: walks, authentic villages (Venosc, Mont de Lans), lakes, mountain biking, hiking, trampolining, summer tobogganing, via ferrata, mini-golf, archery, family long-distance hikes, gourmet walks, starry nights and much more. Les 2 Alpes is a lively destination all summer long, with events such as the Red Bull X-Alps, the Mountain of Hell, the Urban DH, the Défi de la Muzelle and the French DHI Championships.

It's also a place where people meet and share: aperitifs on the terraces, open-air festivals and exchanges with travellers from all over the world come together to create a unique atmosphere. Top athletes such as runners Mathieu Blanchard and Yannick Noël and mountain bikers Adrien Loron and Isabeau Courdurier have set up their base here, attracted by the quality of life and dynamic sporting environment. For them, the mountains are their daily life and an exceptional playground.

Jandri
Défi de la Muzelle
3,600m
Écrins
Mountain of hell
Courdurier
Adventure
Isabeau
Urban DH
Escape
Mathieu blanchard
Altitude
Sur
Red bull X-Alps
ikis
Freshness
Shoulder season

CONTENTS

04

No more shoulder season!

Ski, pedestrian and mountain-bike openings
from 5 May.



06

A land of adventure for the summer holidays

Adventure, combining exploration and activities
À-la-carte adventure: walks or hikes

10

A land of sporting excellence

Base camp for pro skiers and snowboarders
A land of mountain biking
A land of TRAIL RUNNING



18

A land of hospitality, friendliness and encounters

A multi-faceted cuisine
Bars, real places of life
Other benefits of the mountains
'Made in Les Deux Alpes' favourites

22

The calendar from May to August 2025

25

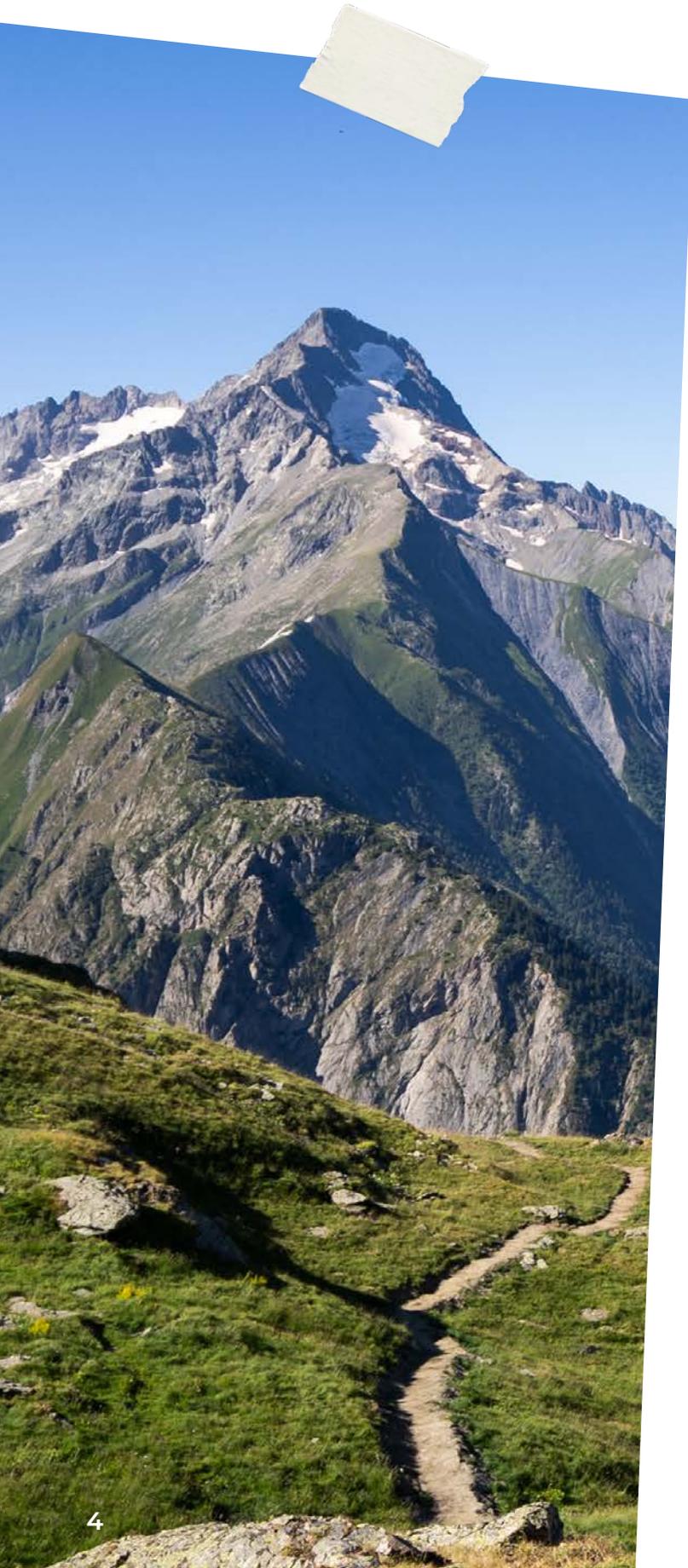
Practical informations

Les 2 Alpes location
Spring-summer key figures
2025 spring-summer rates
A high-altitude region, ideal for low prices !



01. *The novelty* NO MORE SHOULDER SEASON!

No break at Les 2 Alpes: here, we make the most of the mountains in all seasons. From 5 May, it's time for a new period, a new offering and a mountain of discoveries.



For the past two years, Les 2 Alpes has enjoyed an uninterrupted season in May and June, as it continues to open up its high-altitude ski area. Over the last two years, the programme has focused more on professionals, offering national and international teams, ski clubs and ski schools a real training camp during this crucial period when few ski resorts in the world are open. This year, the destination goes one step further with a fantastic package for the public hoping to enjoy the great outdoors and mountain activities during the long weekends offered by the month of May. A real destination for a 4-day weekend getaway!

Today, Les 2 Alpes is pulling out all the stops, with a ski area ranging from 3,400 m to 2,600 m – more than enough to satisfy ski enthusiasts – and a quality snowpark for freestylers. There's plenty for pedestrians to do too, from soaring over the peaks to admiring the viewpoints (particularly from the Belvédère des Écrins footbridge at 3,400 m), taking a sledge or summer toboggan ride, strolling through the village of Venosc and along the banks of the Vénéon, chilling out on the high-altitude sun terraces or in the resort, and why not try a downhill mountain-bike ride or even a tandem paragliding flight! A timeless moment of disconnection to get back to your roots and feel good!

THE SUMMITS
now accessible
ALL YEAR ROUND!

Also, thanks to the new Jandri cable car, a real innovation for the Les 2 Alpes destination, the summits are now accessible all year round (in less than 20 minutes). Recently inaugurated, this project – the largest of the last ten years in the French Alps – will enable Les 2 Alpes to adapt to the weather, the seasons and the expectations of its visitors, guaranteeing that it will be open from the end of November to the end of August.

Les 2 Alpes is more than just a ski resort: it's an ideal mountain destination for a wide range of activities, from holidays to weekend getaways. Designed to be accessible to all (skiers, pedestrians, mountain bikers, trail runners and persons with reduced mobility), the new Jandri features cabins with wide doors and areas adapted for wheelchairs, guaranteeing an inclusive experience for all visitors.

Multi-season: See more [here](#)



SKI, PEDESTRIAN AND MOUNTAIN-BIKE OPENINGS FROM 5 MAY 2025

Ski



Winter skiing ends on 4 May

From 5 to 28 May : Access to the high-altitude ski area from 3,400 m to 2,600 m.

From 29 May to 6 July: Access to the high-altitude ski area from 3,600 m to 3,200 m as well as the Signal sector (2,800 m).

From 5 May to 6 July : opening of the snowpark at 3,400 m.

Pedestrians



Week-ends : Access at 3,400 m (From May 8 to 11, 17 to 18, 24 to 25, May 29 to June 1, and June 7 to 9).

Weekdays : Access possible at 3,200 m.

Open lifts :

- The Venosc cable car will be open at weekends.
- The Diable Télémixte hybrid lift will be open at weekends from 29 May to 1 June and from 7 to 9 June.
- From 14 June to 31 August: all lifts reserved for pedestrians.

Bike Park



Weekends in May (8 to 11, 17 and 18, 24 and 25 May): 3,200 m to 900 m via the Jandri cable car and Venosc gondola lift/mountain-bike trail on snow- Pistes : Highway to Heaven (3,200 m and 2,600 m) + Bike Patroller blue trail + Venosc red trail and Black Garden elite trail.

Weekends in June (29 May to 1 June, 7 to 9 June): the same lifts and trails as above + the Diable Télémixte hybrid lift for access to the trails: Diable, 666, L'Ange, Lilith, Styx and Les Deux Shralpes.

From 14 June to 31 August : all ski lifts and dedicated mountain-bike trails.

02. *A land of adventure* FOR YOUR SUMMER HOLIDAYS

1. AN ADVENTURE COMBINING EXPLORATION & ACTIVITIES

In summer, Les 2 Alpes becomes an ideal destination for nature and adventure lovers. The destination offers a multitude of discoveries, events and outdoor activities. With breathtaking panoramas, alpine lakes and the purest fresh air, this is an adventure accessible to all: young and old. At an altitude of 3,400 m, breathtaking views of the peaks can be explored and quickly accessed thanks to ultra-modern lifts such as the Jandri cable car. Just a few hours from the big cities, Les 2 Alpes is the perfect choice for an active, refreshing holiday – even beyond the winter season!



An open-air play area

Much more than just a ski resort, Les 2 Alpes becomes a vast playground during the summer. Here, you'll discover countless opportunities for activities and entertainment. The adventure begins with the must-do mountain activities: hikes, walks, mountain lakes, mountain biking, climbing, via ferrata, paragliding and rafting. There are activities for all ages: summer tobogganing, mini-golf, trampolining, tennis, skatepark, pump track, snowtubing, archery, inflatable games and swimming pool. Multi-sports court and a padel court are also available free of charge.

The Tourist Office also offers a wide range of events, many of them free and supervised: open-air yoga, sports tournaments, picnic concerts, gourmet walks, starry nights and open-air cinema. The resort has been awarded the 'Famille Plus' label and provides specially adapted facilities for children aged 6 months to 15 years. The 'Funs Stages', supervised by professionals, offer sporting and cultural activities such as mountain biking, trampolining, rafting, climbing or canyoning, on a daily or weekly basis.

Easily accessible peaks

At Les 2 Alpes, adventure can mean taking to the heights and exploring the peaks. It's a fantastic experience, and couldn't be easier to do. All you have to do is hop on the new Jandri cable car, which takes less than 20 minutes to reach an altitude of 3,200m. You can even go a little higher and reach 3,400 m via the funicular railway. Up there, 360° panoramas reveal breathtaking views of the surrounding massifs, not forgetting the Belvédère des Écrins and the orientation table.

The new Jandri cable car, a real technological feat, makes these spectacular landscapes accessible to everyone – guaranteeing an unforgettable experience, whether you're a high-mountain enthusiast or just a visitor looking for a change of scenery.



Mountains and fresh air: the ideal adventure

In summer, the mountains become a veritable haven of freshness in Les 2 Alpes and the surrounding area. At Venosc, accessible by cable car, the white waters of the Vénéon offer activities such as rafting, hydrospeed and canoeing for guaranteed thrills. Lake Chambon, in the Romanche valley, invites you to swim, paddle and relax with a bucolic lunch at the Cabane au Bord du Lac, under the arbours. Hikers can discover high-altitude lakes such as Lauvitel and La Muzelle, while Lake Buissonnière, at the entrance to Les 2 Alpes, is perfect for a peaceful swim. Hidden away in the countryside, waterfalls are also essential places to cool off. Just 30 minutes from Venosc, the Muzelle waterfall is a must-see, while the Lanchâtra waterfall, nestled at dizzying heights, and the Cuculet waterfall, near Mont de Lans, offer a refreshing experience in the heart of nature.

Discover more [there](#)



My very first mountain adventures!

At Les 2 Alpes, you can enjoy your **first mountaineering experience** with a **glacier hike** accessible from age 10, at 3,600 m above sea level on the Les 2 Alpes high-altitude ski area, accompanied by a mountain guide. An unforgettable adventure in the heart of breathtaking scenery!



Do it again!

Just a stone's throw from Les 2 Alpes, on one of its peaks, you can spend a **night in a bivouac at 2,100 m** – accessible in just a few minutes, on foot, by mountain bike or by ski lift. A campfire, mountain dinner, storytelling and brunch at the summit guarantee an unforgettable experience. The La Troika organises this night of camping once a week (equipment provided).



My very first summit, reaching 3,400 m: it's accessible and it's beautiful! Thanks to the new JANDRI cable car, you can reach altitudes of over 3,000 m in less than 30 minutes. This accessible option offers spectacular panoramic views. From 3,400 m, the 360° panoramic view of the mountains is magnificent, complemented by an ice cave and a suspended footbridge offering a view of the Écrins.

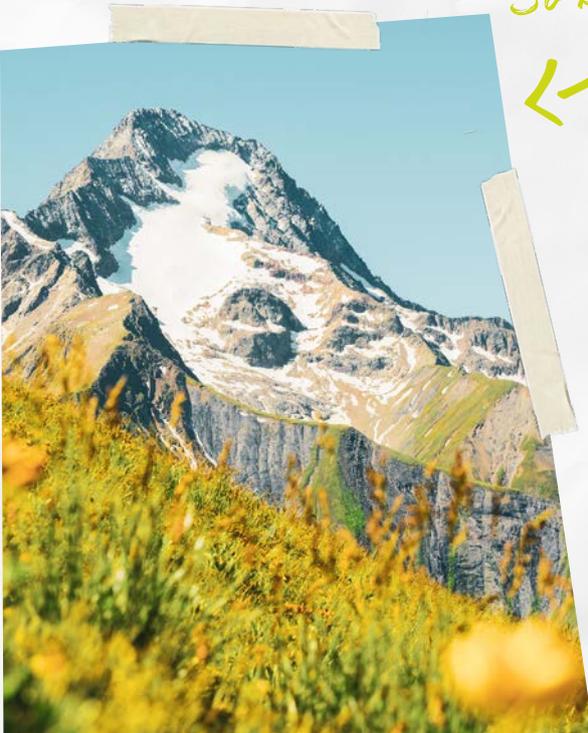


So beautiful!



Taking my first steps climbing with the Les Lutins via ferrata! Accessible from the age of 8, this route is a cross between hiking and climbing, supervised by a guide, to immerse everyone in a breathtaking setting. Perfect for families, it offers thrills in complete safety and transforms young and old into true mountaineering adventurers. An unforgettable experience that's not to be missed!

The 'Raid des Familles' long-distance hike in Les 2 Alpes! 7 km of fun challenges in the heart of nature, with orienteering, a mountain quiz and an escape game. Laughter and a feeling of togetherness guaranteed every step of the way, with memories to last a lifetime! As a bonus, medals will be awarded to both young and old adventurers. Don't miss out on a great day of fun and sharing!



2. À-LA-CARTE ADVENTURE: WALKS OR HIKES?

The vast network of trails offers something for everyone, from easy strolls to more demanding hikes, with or without the ski lifts. With lifts open all year round, access to the peaks is easy and comfortable – thanks to the new Jandri cable car, the renovated funicular railway and the Vallée Blanche and Diable Télémixte hybrid lifts.

Our resort is an ideal base from which to explore the mountain pastures, the Vénéon and Romanche valleys and the Col du Ferrand, with over 200 km of trails, waterfalls, lakes and spectacular views at the gateway to the Écrins National Park. For a more relaxed way to explore the region, hikers can enlist the help of the mountain guides' office.

As well as rejuvenating the mind, the mountains strengthen the body by stimulating the production of red blood cells. This is one of the secrets of the athletes who come here to improve their performance.

BREATHING
fresh air!

Reconnecting with nature is the very essence of a healthy mind in a healthy body!



Accessible and contemplative walks

Destination 3400

The high-altitude walk begins at the foot of the new Jandri and, just 30 minutes later, you'll find yourself with your feet in the snow at 3,400 m, immersed in a majestic mountain world. The walk takes 2 to 3 hours, with just a 30-minute walk from the funicular exit at 3,400 m to the footbridge over the void: the Belvédère des Écrins.

Panoramic walk

An easy 3 km loop, reached via the Diable Télémixte hybrid lift. At 2,400 m, there are several possible options. A short 40-minute loop, accessible to all the family, leads you to the first orientation table, with the resort always in view. The second loop takes you a step further with an aerial, contemplative experience overlooking the Aiguille de Venosc, La Muzelle and the Écrins National Park. This can take between 1.5 and 2.5 hours, depending on your photo, snack and contemplation breaks.

Family outing

There's a sector that lends itself to all sorts of discoveries, and it couldn't be easier to get to it from the resort (1.5 hours depending on breaks). The whole family can hop on the Vallée Blanche Télémixte hybrid lift to reach a height of 2,100 m and enjoy a short 2 km walk on the flat summit. The view is panoramic, with Les 2 Alpes and the resort below on one side, and the Romanche valley with Lake Chambon, Auris en Oisans and the Col de Sarenne on the other.



Themed walks

Here, walks can be fun and full of discoveries. **The Explorers' Walk**, designed for families, lets you discover the resort and its environment through a question-and-answer game about mountain flora and fauna. Walking is also about getting close to nature and enjoying it. Mountain guides offer **the botanic and gourmet walk**, a real discovery of edible or medicinal mountain plants (yellow gentian, nettle, plantain, polypody, earthnut, wild cumin, St John's wort, hogweed, musk chervil, wood sorrel and more). To get even closer to nature, the **chamois-observation walk** allows you to get up close and personal with the famous mountain gazelle and the **Slate Walk**, situated in the village of Venosc, offers a whole slice of the history of this resort and its villages. Venosc was a slate-mining village until 1972. A little anecdote: some of the roofs of the Château de Versailles feature Venosc slate.

Long-distance hiking

The long-distance hikes from Les 2 Alpes allow you to explore incredible trails and scenery between the Vénéon valley to the south and the Romanche valley to the north. On the Vénéon side, beyond Venosc and Saint Christophe en Oisans, you'll find: **Alpe du Pin, La Lavey, Le Châtelieret, Le Soreiller, le Carrelet, La Mariande and more**. These offer varying levels of technicality, and can be completed in a day or more (bivouac and shelter version) with the comfort of superb, intoxicating nature and the warm welcome of the guardians at the shelters of the same name. On the Romanche side, you'll find just as many walks (**Les Clots shelter, Fontaine Pétrifiante, Plateau d'Emparis, Lakes Noir and Lérié, Besse en Oisans, Clavans, Lake Quirlies, etc.**) from the Ferrand valley above Lake Chambon, with views of La Sure, La Grande Sure, Roche Mantel, the great peak of La Meije, the Les 2 Alpes ski area and Le Râteau. All these hikes can be found on the GR54 route, offering a tour of Les Écrins.

Two 'committed' hiking events

Friday 6 June: Rubbish-collection day

Every year, the resort joins in with a major clean-up of the mountains, as part of the Zero-Waste Mountain operation and the 'Flocon Vert' label, in partnership with the Mountain Riders. Organised by the town of Les 2 Alpes, the SATA 2 Alpes company and the Tourist Office, the aim of the day is to keep the area clean (rubbish collection, sorting and treatment) and to raise public awareness. Locals, holidaymakers and owners are invited to take part in this eco-responsible walk.

Monday 11 August: Dinner hike ... 'En rando, garde le sourire'

For six years, the 'Garde le sourire, on est là!' association has been supporting sick children and their families. It has created an event to raise funds: the dinner walk. This 11 km route, accessible to all, starts from Chalet Mounier and passes through some magnificent scenery (Diable, Lake Buissonnière, Vallée Blanche) before finishing on Rue des Vikings. It's an opportunity to discover Les 2 Alpes and savour local produce, while supporting families and research.



03. *A land of sporting* EXCELLENT



1. A TRAINING CAMP FOR SKI & SNOWBOARD PROS

Les 2 Alpes offers a unique post-winter skiing experience, thanks to one of Europe's largest ski areas, open until early July. Culminating at 3,600 m, the ski area opens from 5 May to 6 July, depending on snow conditions. Since the 1970s, the resort has continued the tradition of spring/summer skiing, welcoming ski and snowboard athletes from all over the world in search of training facilities for future competitions. The resort chooses to keep the top of the ski area open after the winter season, as this allows it to offer a high-quality training area. But the real novelty lies in the spring skiing offer, rather than summer skiing.

HIGH-QUALITY *training* GROUND !

By adjusting its seasons, Les 2 Alpes adapts to climate challenges while guaranteeing optimum ski conditions between May and early July. The high-altitude area then rests and continues to be maintained until the following winter!

From 5 May, athletes, ski clubs and professional ski and snowboard teams will meet at Les 2 Alpes. Every ski and snowboard champion has trained at least once in their career on the Les 2 Alpes glacier ... Three champions per square metre, up to 100 slalom stadiums and an internationally renowned snowpark. The latest champions to come to Les Deux Alpes: Alexis Pinturault, Adrien Théaux, Tessa Worley, Taina Barioz, Nastasia Noens and more, alongside athletes from Italy, Spain, the Czech Republic, Poland, Canada, China and Korea. Freestylers can also enjoy their own dedicated area (since 1993): the snowpark.

A real 'place to be' for amateurs and professionals from all over the world, including locals: Léa Casta, Aidan Chollet and Maja-Li Iafraite Danielsson, Snowboard Cross World Cup athletes.

2. A LAND OF MOUNTAIN BIKING

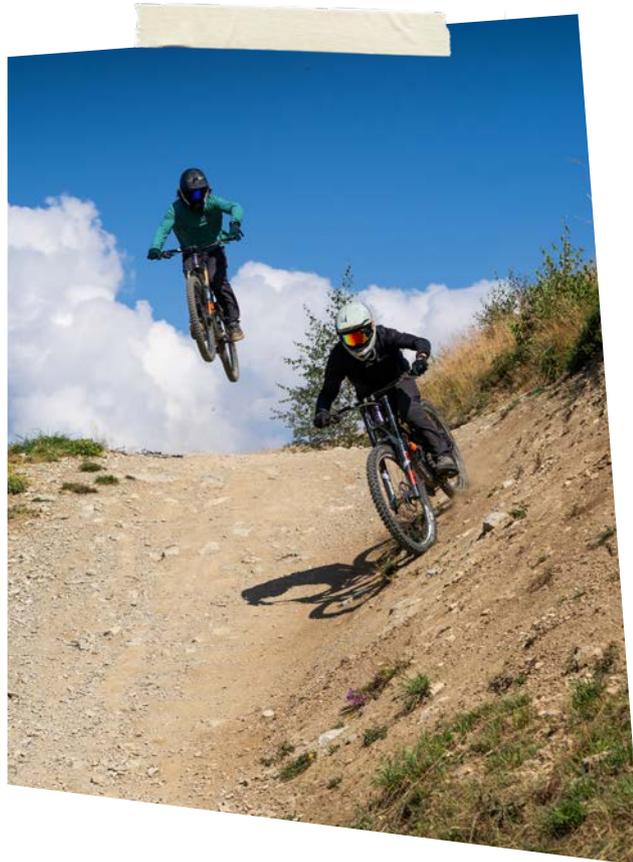
A pioneer in mountain biking and a world-class bike park

Les 2 Alpes has become a Mecca for mountain biking thanks to the Choucas Bikers, pioneers of the club founded in 1998. They created the first mountain-bike school and the iconic Mountain of Hell race, which will celebrate its 25th edition in 2025. They have naturally contributed to the diversification of the mountain offering. Since then, all Les 2 Alpes entities – ski lifts, Tourist Office, mountain-bike schools and clubs – have been working together to develop the activity and its community.

Major brands are also joining the destination, with Commencal, Bluegrass and Hutchinson, while the destination is surrounded by pros who have become Les 2 Alpes mountain-bike ambassadors – Adrien Loron, Isabeau Courdurier and, more recently, Hugo Frixton (Commencal team rider). Today, the Les 2 Alpes Bike Park continues to move upmarket. It has become a mountain-bike base camp for the whole of France and beyond.

The Bike Park at Les 2 Alpes, renowned for its vertical profile, offers a playground of more 100 km of trails. It attracts DH enthusiasts in summer, as well as skiers in winter. Thanks to the ski lifts, mountain bikers can enjoy access to trails adapted to their level (green, blue, red, black) and sport (downhill, enduro, cross-country, freestyle or freeride).

In 2025, riders will be able to get back to the high peaks, gain altitude, link up vertical drops and ride on snow again at 3,200 m. Experts will be free to explore the Bike Park, hurtling down tracks such as the legendary Venosc trail (red), the new elite Black Garden trail or the routes of the emblematic Mountain of Hell competition. Beginners are supervised by qualified instructors (Gravity Bike, MCF Bike Infinity, Chez Bob, etc.) to learn the basics of mountain biking, prevent falls and have fun. As with skiing, it's important to learn to mountain bike with an instructor. These beginners will start on the Easy Park handling zones and in the Vallée Blanche beginners' workshop, before progressing to green trails and then more technical runs.

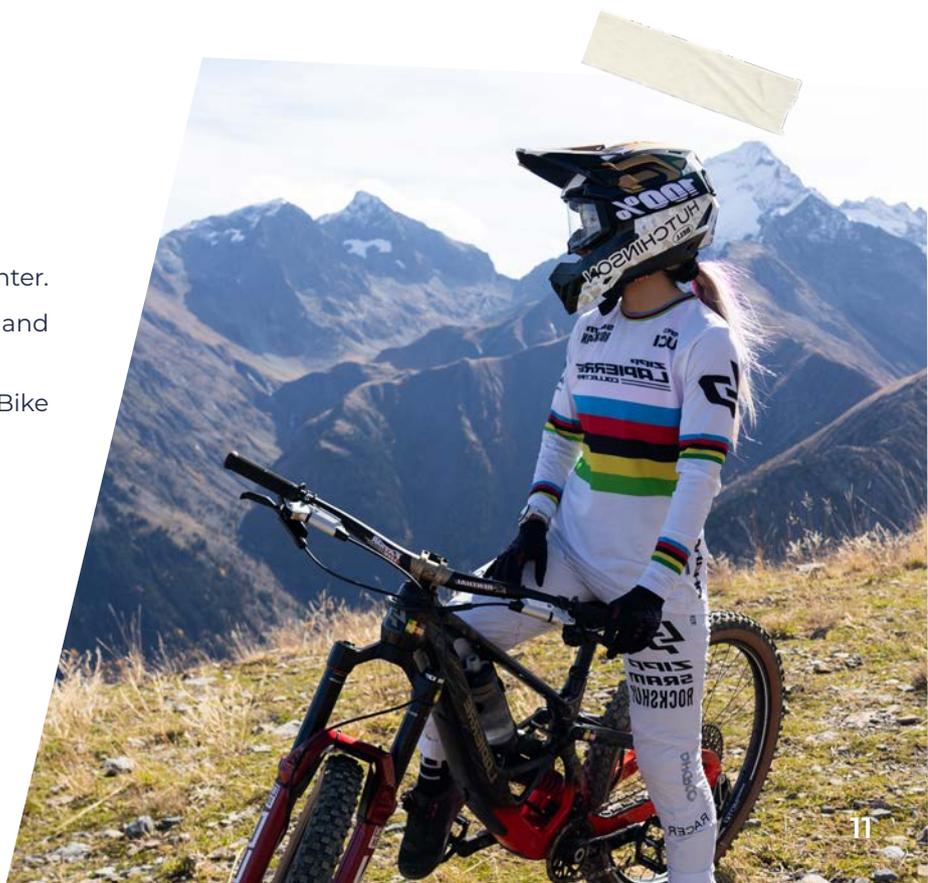


Key dates for mountain biking

12 April to 4 May: Mountain biking begins in winter.

Weekends in May and June: 8 to 11, 17 and 18, 24 and 25 May/31 May and 1 June, 7 and 8 June 2025.

14 June - 31 August: Continuous opening of the Bike Park.





Key figures

Bottom of the slopes: first laps of the Vikings Easy Park.

Vallée Blanche sector (2,400 m–1,600 m): MTB For all.

Diable sector (2,400 m–1,600 m): heart of the BIKE PARK.

Venosc sector (1,600 m–900 m): experts meet on the legendary Venosc red trail and the elite trail: Black Garden.

Altitude sector (3,200 m–900 m): 1 single lift, 1 single descent and 2,300 m of ascent.

138 km of mountain bike trails, with 29 trails:

- 6 **ski lifts**.
- 20 **downhill trails**: 3 green, 6 blue, 8 red, 3 black (including 2 elite).
- 3 **enduro routes**: 1 red, 2 black.
- 6 **electric mountain-biking** (e-MTB) routes: 1 green, 3 blue, 1 red, 1 black.
- 2 **specific zones**: a doubled beginners' workshop on Vallée Blanche, and a free initiation zone: "Easy Park" in the resort.
- 1 **snow mountain-biking trail**: "Highway to Heaven", between 3,200 m and 2,600 m.
- 4 **MTB washes**: Jandri, Diable, Vallée Blanche, and Venosc.

Who works at the bike park ?

The run architects are made up of 8 bike patrols and 4 shapers. The shapers design and build the modules, while the bike patrols monitor the trails to ensure the safety and quality of courses. Since 2023, the team has been boosted by professionals from the field – Adrien Loron, Isabeau Courdurier and Hugo Frixton – to improve technical aspects and the site's development. Stéphane Charrel, Bike Park manager, stresses the importance of this expertise: « *Developing a professional team allows us to offer a higher-end service and enrich the experience of our riders. We are constantly working on the trails to offer a world-leading Bike Park* »

Les 2 Alpes mountain-bike ambassadors have chosen their base camp!

Adrien LORON is a mountain-bike pro-rider known the world over. Drawing on his expertise as a pro rider, his experience of Bike Parks around the world and his sensitivity to riders of all abilities, he quite naturally became the official mountain-bike ambassador for Les 2 Alpes in 2022. Based in Les Deux Alpes all summer long, he works alongside the bike patrols to develop and improve the Les 2 Alpes Bike Park. This summer, on 26 and 27 July, he will bring together some thirty professionals from all over the world at Les 2 Alpes for a major event: URBAN DH Les 2 Alpes 1800 District. This 'urban' version of mountain biking is a climbing mountain-bike discipline that guarantees a real show. Spectators will have the chance to watch some of the biggest names in urban mountain biking.





Isabeau COURDURIER is a great enduro World Champion (2019, 2022, 2023 and 2024). Her track record is matched only by her kind spirit. As a regular at competitions in Les 2 Alpes, such as the legendary Mountain of Hell, it was only natural that she would get involved with the resort. 'I discovered an atmosphere and a spirit that I'd never found anywhere else'. Isabeau identified with the values promoted by the resort, so much so that in 2022 she became the new mountain-bike ambassador for Les 2 Alpes alongside Adrien Loron. Like Adrien Loron, she offers an event coordinated with the resort: Girls Shredding Days on 12 and 13 July. With this event dedicated to girls, she is keen to share her passion.

Mountain-biking news

- **Mountain biking on snow:** discover the iconic 'Highway to Heaven' trail between 3,200m and 2,600m. Conditions permitting, it may be open right up to the Mountain of Hell weekend (20–22 June).

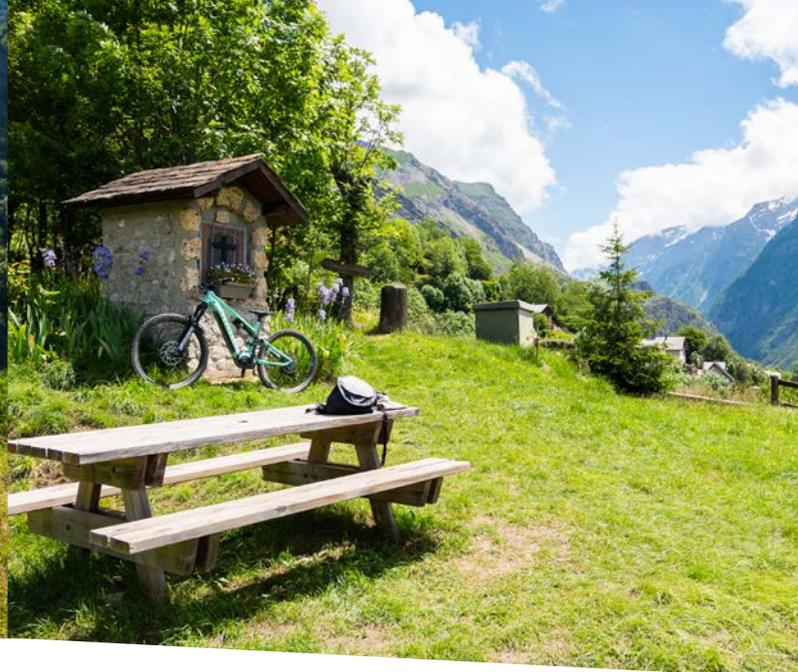
- The blue 'Jandri' trail has been renamed '**La 3200**'. Now, riders will make their return to the peaks! In 2025, we'll be taking to the heights again, climbing from 3,200m. The trail was completely reworked last autumn, making it more fun and easier to access. It is made up of new modules such as tables, banked turns and rollers (a succession of large bumps like whoops in skiing).

- **The beginner's workshop** in the Vallée Blanche sector has been extended. Mountain-bike schools will have more space to work on teaching and riding techniques.

- **The mountain-bike cleaning systems** co-developed with Zellteck perform well each year, considerably reducing water consumption. This is a concept for cleaning mountain bikes (using water or forced air) that is gentler on the equipment and the environment. There are four wash points in Les 2 Alpes, including two with this system – unique among French Bike Parks. A new wash point featuring this system can be found at the foot of the new Jandri.

- **Hugo FRIXTALON**, aka Frix, is a rider in the Commencal team, a partner of Les 2 Alpes. He joins the Les 2 Alpes mountain-bike ambassadors and will also form part of the team of experts at the Les 2 Alpes Bike Park.





Electric mountain biking in les 2 Alpes

In and around Les 2 Alpes, this discipline is practised in dedicated areas: the Vallée Blanche sector and the Venosc sector (along the Vénéon). With an electric mountain bike, you can ride up and down hills without breaking a sweat. This is a different way of discovering the mountains, their nature and their panoramas – and above all, you don't need to be a great athlete.

Electric mountain-biking tour: imagine a 3- or 4-day stay with departure and return to Les 2 Alpes from its high-altitude area, descending to the valleys of Romanche and Ferrand via the Emparis plateau opposite the high peaks of Les 2 Alpes at 3,600 m and the mythical La Meije with their natural and majestic snow-capped peaks, and, above all passing through and staying in the three great destinations of the Oisans: Alpe d'Huez, La Grave and Les 2 Alpes.

They start young and we call them micro-riders!

Parents can count on the mountain-bike schools in Les 2 Alpes to look after their little ones, handing over these little champions, eager to follow in the footsteps of the greats and top-level athletes such as Adrien Loron and Isabeau Courdurier (mountain-bike ambassadors for Les 2 Alpes), to our mountain-bike instructors in total confidence. From the age of 6, children can learn downhill mountain biking and pass their 'biker' – the equivalent of 'Étoiles' lessons in skiing. Learning begins in the Easy Park area at the bottom of the slopes, where children

learn how to handle and ride their mountain bikes. Then, they can ride on the green trails of the Vallée Blanche sector.

Local youngsters are coached at Les 2 Alpes. Two local mountain-bike clubs watch over our future champions:

-**Club VTT des 2 Alpes** affiliated with the FFC, it offers training to the youngest riders, from 5 years upwards, in the various mountain-bike disciplines: enduro, DH, Freeride, Crosscountry, etc. The team is made up of 18 youngsters who perform every summer.

-**Club des Mini Choucas** (under and over 6 years old) offered by the Chez Bob mountain-bike school: Mountain biking lessons for children living in the area to improve their skills by working on balance and coordination exercises.



My first mountain-bike competition



MOUNTAIN OF HELL KIDS

3rd EDITION on 21 June

As part of the legendary Mountain of Hell (MOH) downhill mountain-bike competition, organisers have introduced a version for children. In 2022, the organisation launched the 1st edition for children. Building on its success, MOH KIDS is back in 2025. Just like grown-ups, children aged 9 to 14 are hungry for challenges and adrenaline and won't hesitate to follow in the footsteps of their parents and favourite pro riders.

DH KIDS CUP

23 to 24 August

120 participants aged 7 to 16 take part in a downhill (DH) competition. A fantastic show, an electrifying atmosphere and, above all, great champions in the making!

↗
Unforgettable!

Les 2 Alpes Mountain-bike events

20 to 22 June: MOUNTAIN OF HELL

The legendary Mountain of Hell mountain-bike race, more commonly known as MOH, will host its 25th edition from Friday 20 June to Sunday 22 June 2025. This is a mountain-bike enduro competition with a mass start at 3,200m and a total vertical drop of 2,300 m. With almost 1,000 participants every summer and a lively atmosphere, it continues to be a huge success! Champions or not, many come along and challenge themselves. The MOH event has become the holy grail in this field! In 2023, Kilian Bron earned his revenge by winning the event for the 4th time, in under 23 minutes!

Over the same weekend, the MOH organisation presents an E-bike version of the competition from 19 to 21 June and a version for kids aged 9 to 14: Mountain of Hell kids on 21 June. **Details [there](#)**

12 to 13 July: GIRLS SHREDDING DAYS

Girls Shredding Days is a mountain biking event just for girls. It is co-organised by Les 2 Alpes and its mountain-bike ambassador and four-time world champion: Isabeau Courdurier. *'This project has been close to my heart for a very long time. I really wanted to promote women in an extremely male-dominated field, and it's also an opportunity to share something real with my community!'* explains Isabeau. The Girls Shredding Days experience is a unique opportunity to ride, share, improve and take on a thousand and one tips from an enduro mountain-biking World Champion.

Learn more [here](#)

16 to 19 July: FRENCH DHI CHAMPIONSHIPS

The French DHI Championships are a spectacular sporting event bringing together the best downhill mountain bikers in France. **More [info](#)**

26 to 27 July: URBAN DH 1800 DISTRICT

Adrien Loron, mountain-bike ambassador for Les 2 Alpes, is co-organising an event with the resort to celebrate urban mountain biking. This will be the 2nd edition in Les 2 Alpes, with the top 30 riders in the world. The 'URBAN DH' event, reserved for professionals, is an individual mountain-bike race against the clock on a technical, obstacle-filled course in an urban area. It's sure to be an incredible show! The public will be able to watch the event LIVE and enjoy a host of entertainment in the Les 2 Alpes Village 1800 square. **Full [details](#)**



3. A LAND OF TRAIL RUNNING

Trail running is available all year round in and around Les 2 Alpes or the surrounding area, in the heart of the Oisans. The ski lifts, some of which are open virtually all year round, including the new JANDRI and the Diable and Vallée Blanche Télémixte hybrid lifts, make it easier for runners to get up and back down the mountain after their ascent. The Les 2 Alpes resort offers an exceptional playground for trail runners, with its varied terrain, breathtaking views, mountain lakes and waterfalls. Whether you're a beginner or an experienced runner, you'll make progress while enjoying the magnificent scenery, particularly that of the Écrins National Park.



The routes from Les 2 Alpes are almost limitless:

Rocky sections, forests, meadows, dirt tracks or technical sections.

Trail running first took root in Les 2 Alpes in 1999, with the Maratour des Glaciers. Since then, other iconic events have followed, including the Raid Light Trail, the Défi Vertical and the Défi de l'Oisans.

From then on, the discipline quickly gained in popularity, prompting the resort to structure its courses according to a colour system (green, blue, red, black) similar to that used in skiing. The Les 2 Alpes Trail association, founded in 2021 by trail enthusiasts Lucas and Laurent Sabot, has played a key role in the development of trail running in Les 2 Alpes. This association is committed to promoting the sport by marking out routes, organising events and bringing together a community of over 200 members.

Route for everyone, from 30 minutes to 4 and a half hours, from 2 km to 25 km and with departure from and return to les deux Alpes :

5 very easy routes

- Diable Green (3.8 km)
- Molière (5.3 km)
- Balcons de Pied-Moutet (3.2 km)
- Petite Aiguille (6.5 km)
- Cascade de la Muzelle (2.4 km).

5 intermediate routes

- Venosc Vertical Kilometre (VK-3.2 km)
- Pied-Moutet Vertical Kilometre (VK-3.2 km)
- Le Lauvitel (12.8 km)
- Pied-Moutet Les Crêtes (7.8 km)
- Diable Blue (7.8 km).

4 challenging courses

- Les Travers (18.5 km)
- Diable Red (19.2 km)
- Tour de Pied-Moutet (14.4 km)
- Super Venosc VK (5.8 km)

3 very difficult courses

- Diable Black (25.4 km)
- Lake de la Muzelle (19.3 km)
- Glacier VK (17.4 km).





2 Official Trail - Running Ambassadors

Mathieu Blanchard is a professional athlete with Team Salomon. He is one of the top three trail runners in the world. He started running very late, at the age of 26, when he decided to take back control of his life. Three years later, during a meeting with the Salomon brand, he discovered trail running and gave up everything, his entire professional life, to devote himself to trail running. 'Trail running is not just my livelihood, it's my reason for living. Every day is an adventure, every trail a new chapter to be written. The concept of days or weekends have lost their importance, because every moment is an opportunity to experience my passion. The sense of fulfilment I get from running through mountains and forests is indescribable. Trail running has enabled me to transform my life into an ongoing adventure, where I find the freedom, joy and serenity I'd never felt before'. He has made Les 2 Alpes his new base camp.

Yannick Noël is originally from the island of Réunion. At Les 2 Alpes, he discovered ideal setting for his passion for trail running. Arriving in 2019, he quickly settled into the resort, attracted by its dynamism and environment. This ambitious runner aims to rank among the world's best in Ultra Trail, while promoting this still emerging sport. His favourite routes in Les 2 Alpes include the Tour de Pied Moutet, the climb up Venosc and Lake Lauvitel in the Écrins National Park.

Les 2 Alpes Trail-Running events

DÉFI DE LA MUZELLE, from 21 to 25 July 2025

4th edition of an elite trail event, in a dream setting (the Oisans and the Écrins National Park) with a unique atmosphere. The challenge offers a 50 km or 100 km event. Each route features four stages and a new sector to explore each day. There is a rest day on Wednesday.

Additional details

TOUR DES 6 VALLÉES DE L'OISANS or 6VO, 17 to 23 August

All NEW for summer 2025: the 6VO is a new trail-running race over 7 days, 6 stages, 170 km and 10,000 m total elevation gain. The concept allows you to commit to the whole seven days or to choose one or more stages depending on your wishes and level. **Learn more [here](#)**

Every week, Trail outings are organised by the Les 2 Alpes Trail Association. The proposed loop is 5 km long, ideal for beginners. And that's without even mentioning the great advice shared by the association!



04. *A land of welcome* MEET AND MINGLE

1. A MULTI-FACETED CUISINE!

Les 2 Alpes has 50 restaurants (70 in winter). This offers up some real culinary diversity, with each establishment reflecting the character and authenticity of the region. Far from the standard fare based all around cheese, this is first and foremost a French-style cuisine that comes from the heart. The chefs have a wealth of expertise, putting good food, homemade dishes and local produce at the centre of your plate. A few pearls of Les 2 Alpes: Bruno Chaperon, Maître Ouvrier de France, leading the kitchen at Douces Gourmandises; Kirian Poulmarc'h at Casa Nostra; Fabien Poirot at Chamois Lodge; Mathilde at Cours de la Vie and Guillaume Barengo and Vincent Colin at Le Chalet Mounier, the Michelin-starred restaurant in Les 2 Alpes.



One of the flagships of the destination

One of the flagships of the destination is **Le P'tit Polyte**, the highest Michelin-starred restaurant in Isère. Orchestrated by the talented chef Guillaume Barengo, this establishment in the heart of the Chalet Mounier hotel offers refined cuisine that has been held a Michelin star since 1999. A place where excellence meets a warm atmosphere: a symbol of Alpine know-how.

Breeding ground for innovation

Les 2 Alpes is also a breeding ground for innovation, with restaurants such as **Monsieur K**, a bold new establishment that combines gastronomy and a festive atmosphere. The brainchild of a group of local enthusiasts, this hybrid eatery turns rules on their head with refined cuisine in a chic, rock'n'roll atmosphere.

Friendly and diverse places

But Les 2 Alpes' cuisine doesn't stop there. Friendly places like **The Spot** tempt us with comfort food, generous burgers you put together yourself or flammekueche, perfect for sharing a moment over a brasero or watching a football match. For those looking for something light and exotic, **Yonder Café** offers a 'healthy' menu inspired by travels to the four corners of the world, while **Le Grain de Sel** revisits French classics – including the famous cordon-bleu. Other iconic addresses: the excellent restaurant **Casa Nostra**, in the hands of Breton chef – Kirian Poulmarc'h – offers gourmet, 100% homemade cuisine; **Le Raisin d'Ours** is the place to go for cherry-wood-smoked burgers with homemade brioche buns and minced meat, hand-cut and made to order; **La Pizzeria**, run by Francesco, Lionel and Mika, brings a touch of authentic Italy thanks to fresh ingredients imported from Italy and a varied menu at affordable prices, to seduce foodies in search of Mediterranean flavours; while **Le Bistrot des Lutins** (created in 1959), hosted by Louison (Loulou), is the ultimate eatery for locals thanks to its friendliness and quality cuisine. It's also a great spot for homemade ice-cream and a spread: the Loutella!

The must-sees of Venosc

And don't forget the two great establishments in the village of Venosc (5 minutes by cable car): **Le Cours de la Vie** in the hands of Mathilde and Stéphan, offers refined, local and authentic cuisine, while **Douces Gourmandises**, owned by Bruno, Meilleur Ouvrier de France (MOF) offers up food made with local and fresh products, served on a terrace that opens out onto the Vénéon valley and the Aiguille de Venosc.

 Four Les 2 Alpes restaurants awarded the 'Maîtres Restaurateurs' label: Chalet Mounier, Crêpes à Gogo, Diable au Cœur and Douces Gourmandises (village of Venosc)

A purely local and sustainable new addition : HEAT Delivery

This winter, HEAT Delivery has created a gourmet revolution on the slopes: ski-delivered lunches on the slopes! A zero-waste, 100% eco-responsible concept with reusable insulated containers, sustainable crockery and strategically placed lockers to collect packaging. It's also a great way of avoiding litter on the slopes! HEAT Delivery has decided to continue the adventure with a year-round catering service, and this summer they'll launch a concept that aims to help organise parties with aperitif platters, as well as delivering ready-to-cook BBQ kits (a number of free BBQ areas have been set up on the Les 2 Alpes plateau). This time, delivery will be by bike! All the dishes are concocted by a chef committed to cooking fresh, local, seasonal produce from short supply chains.

2. OUR FRIENDLY, LIVELY BARS!

In Les 2 Alpes, whatever the season, there's no shortage of places to relax during the day or in the evening. Here, you'll find around 30 unique places to have a drink. Whether you're looking for music, a cosy atmosphere, fine wines, an explosive cocktail or a festive evening out, Les 2 Alpes has something to suit all tastes. In these establishments, holidaymakers can really bond, share unique moments and enjoy the authenticity of the mountains, even in summer.

A festive, musical atmosphere

The Motown Café is the perfect place for lovers of retro music and fine cocktails. With homemade tapas (free of charge) and a soul, pop and Motown atmosphere, it offers a lively experience set against the backdrop of the famous American label.

The Saloon, unique in its kind, combines bar, restaurant and open stage for musicians, offering the ideal setting to discover local talent or enjoy its festive atmosphere.

Boris Bistro, a veritable temple to the 80s, invites locals and holidaymakers alike to dance to the hits of the era in a warm atmosphere, creating unforgettable evenings.



Warm and authentic places

At **L'Épicerie des Alpes**, wine enthusiasts can sample exceptional vintages, accompanied by platters of local produce, in an atmosphere that is both trendy and authentic.

At **Chez Nous 2**, a warm welcome and south-western hospitality take centre stage, with homemade tapas, platters of local produce and elaborate cocktails.

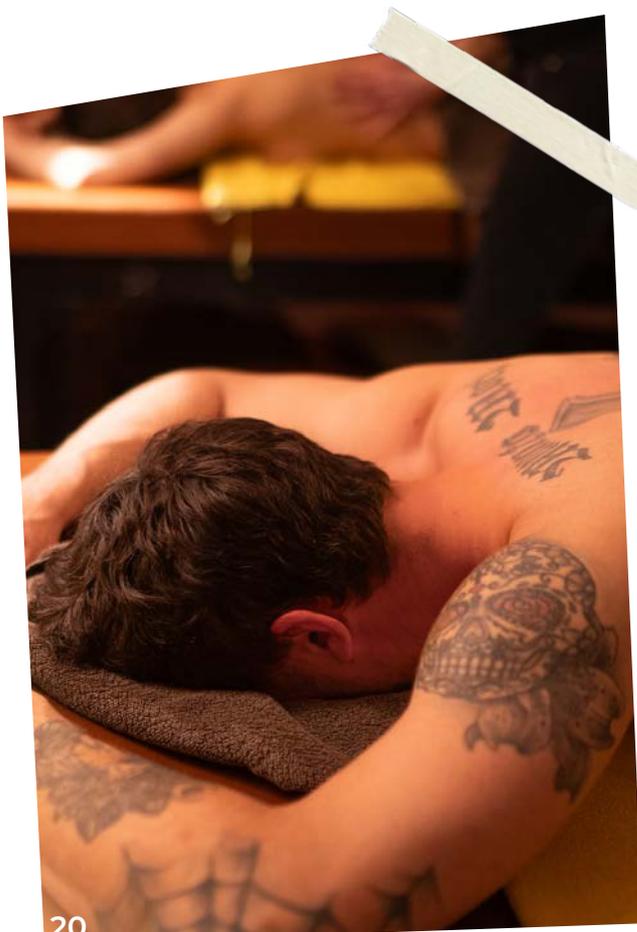
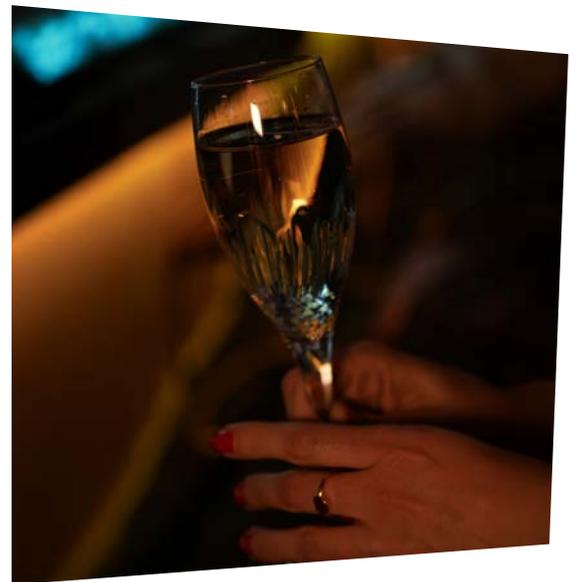
At **Chamois Lodge**, the refined bistronomic experience combines with a friendly atmosphere, whether its over cocktails by a brasero or a gourmet dinner.

Cosy international ambience

For a trip without leaving the resort, head for **The Smithy's Tavern**, an English-style chalet where craft beers and homemade 'Genepi fusion' are shared in a typically British atmosphere, frequented by an international audience.

BC7 enchants with its cosy, trendy atmosphere, ideal for combining tasty cocktails and quality cuisine in a particularly Instagrammable setting.

Ginette, with its neat decor and calming atmosphere, offers creative cocktails in a chic and cosy setting, perfect for an elegant and relaxed evening.



3. OTHER BENEFITS OF THE MOUNTAIN!

Well-being and relaxation

For a moment of relaxation, Les 2 Alpes offers several top-quality **spas**: the Cinq Mondes Spa at **Chalet Mounier**, the Reine de Saba Spa at **Côte Brune** and the Physioski Spa at **Chamois Lodge**, combining wellness treatments and professionalism with physiotherapists and osteopaths. Last winter, Julie Chalvin, psychotherapist and emotional-freedom specialist, created **Terres Almā**, a sanctuary of well-being inspired by her initiatory journeys in Mongolia, Nepal, Mexico and the Amazon. This unique venue offers four areas dedicated to physical, mental and emotional health, combining alternative therapies and specialist workshops. Terres Almā is a haven of peace in which to recharge your batteries and reconnect with yourself – a wonderful encounter in a place that resonates with good vibes.

Activities in harmony with the mountain

If you want to start your day in harmony with the mountains, the morning 'yoga & breakfast' at **Chalet Mounier** is a must. Every Sunday from 09:30 to 12:00, practice yoga in the open air facing the majestic Muzelle and Aiguille de Venosc mountains, then enjoy a delicious brunch as a reward.

Local products and gourmet delights

Local products also step into the spotlight at several establishments in Les 2 Alpes: **Le Vieux Chalet**, **La Fromagerie**, **La Crèmerie des Alpes**, **Le Montagnard Gourmand** and **Les Posettes** in Venosc, where cheeses, sausages, crozets, honey and other specialities will delight your taste buds.

Decoration and eco-responsibility

For lovers of homeware, **the Le Petit Cosy** shop, run by Amandine, offers eco-responsible products, mainly from small French productions, as well as baby clothes, adding a unique and warm touch to your home.



4. 'MADE IN LES 2 ALPES' FAVOURITES!

Les 2 Alpes is not just a destination for fans of snow sports and mountain sports, it's also a veritable breeding ground for creativity, where local arts and crafts form part of everyday life.

Delicacies and local flavors

Among the local artisans, Émilie Paris, with her **Les Petits Caprices** patisserie, stands out for her gourmet and creative universe where indulgence becomes an art to be shared. A few metres away, Arthur at **Yonder Café** thrills coffee lovers with its unique beverage roasted at an altitude of 1,650 m, as the flavours of Guatemala, Ethiopia and Indonesia intertwine. Not far away, **Génépi des Sommets** perpetuates an age-old tradition: producing the famous Génépi liqueur. Each bottle contains secrets handed down from generation to generation, as visitors are invited to discover and savour this mountain nectar. When it comes to drinks, Ugo Mounier, manager of the high-altitude restaurant **Le Diable au Coeur**, stands out with his **Bière des Glaciers**, a unique brewing creation reimagined every year.

La Maison K, caterer and delicatessen, enchants with its homemade dishes, a rich and varied offer that's sure to satisfy holidaymakers and expert foodies alike, while fighting waste via the 'Too Good To Go' app.

Exceptional art and craftsmanship

For arts and crafts, master embroiderer Florian Martin fashions custom caps at **NWMC**, while painter **Sophie Dode** captures the majesty of the mountains on her bright and contrasting canvases. Another artist by the name of Laëtitia Ayrat, aka **Laët**, works exclusively with pieces of wood, both new and old, breathing new life into this noble material. An incredible technique and real works of art! **Robert Mensah**, Venosc sculptor, fuses European and African styles in his contemporary hardwood creations. Finally, **Simon Lavaud**, cutler at **La Forge du Vénéon**, revives the ancestral forge with his handmade knives, perpetuating a unique skill in the valley.

Each artisan tells a story: one of the passion, know-how and tradition that brings the soul of Les 2 Alpes to life.



05. The calendar from MAY TO AUGUST 2025

(Calendar subject to change or cancellation)

Full details [here](#)

MAY

10 to 18 May

WORLD ROOKIE TOUR - SPRING ROOKIE CAMP

Snowboard camp for international junior riders and riders under 17, followed by a Slopestyle contest, on 17 and 18 May, in the Les 2 Alpes snowpark at 3,400 m. The World Rookie Tour event in Les 2 Alpes marks the 1st stage of this tour for the 2025/2026 season.

JUNE

6 June

RUBBISH-COLLECTION DAY

The town, the SATA 2 Alpes ski area, the Village 1800, the Tourist Office and the 'Mountain Riders' association have come together to organise a rubbish-collection day on Friday 6 June. The aim is to collect, sort and treat winter waste, as well as raising public awareness of the issue.

20 to 22 June ^{new}

RED BULL X-ALPS

RED BULL X-ALPS is one of the most intense and technical races in the world! 30 athletes of 20 different nationalities will cross the Alps exclusively on foot or by paraglider. This is the ultimate test of physical and mental stamina, reserved for the very best athletes who, over 12 days, will have to cover 1,283 km across five countries (Austria, Germany, Switzerland, Italy and France), including a stage in Les 2 Alpes.

21 June

SKATEBOARDING DAY – 4th edition

The Les 2 Alpes skateboard association is organising a special contest to mark International Skateboard Day.

20 to 22 June

MOUNTAIN OF HELL– 24th edition

A legendary enduro downhill mountain-biking competition with a mass start at 3,200 m, 2,300 m of ascent and 1,400 enthusiasts at the starting line!

19 to 21 June

MOUNTAIN OF HELL E-BIKE – 1st edition

E-bikers take on their own race on the Mountain of Hell.

21 to 22 June

MOUNTAIN OF HELL KIDS – 3rd edition

This Mountain of Hell mountain-biking event is for children aged 9 to 14.

JULY

12 to 13 July

GIRLS SHREDDING DAYS - 3rd edition

Isabeau Courdurier, Les 2 Alpes mountain-bike ambassador, strives to rally girls around her sport. The idea: girls riding together alongside a pro!

12 to 13 July

VINTAGE MOTOR SHOW

Classic car festivities.

14 July

BASTILLE DAY

16 to 19 July

FRENCH DHI MOUNTAIN-BIKING CHAMPIONSHIPS

A spectacular sporting event bringing together France's best downhill (DH) mountain bikers.

21 to 25 July

DÉFI DE LA MUZELLE – 4th edition

The Les 2 Alpes trail association presents a 4-day trail race with a choice of 50 km or 100 km.

26 to 27 July

URBAN DH LES 2 ALPES 1800 DISTRICT – 2nd edition

Adrien Loron and Les 2 Alpes invite the world's top 30 riders to take part in the URBAN DH, a technical course in an urban area. We're expecting a great turnout for this climbing discipline: urban mountain biking! An impressive show you won't want to miss!

26 to 27 July

KING OF PLAZA – 6th edition

A weekend of skateboarding competitions organised by the Les Deux Alpes Skate Krew (DSK) association

29 July

OISANS COL SERIES

On Tuesday 29 July, between 08:45 and 11:00, cyclists will climb the bends in Les 2 Alpes on leg power alone!

AUGUST

2 to 8 August

MOVES ON THE TOP- 2nd edition

Dance festival for all: classes and shows with some of the best dancers and teachers from all over the world.

2 to 3 August

THE HAY FESTIVAL – 32nd edition

A traditional day in all the colours of yesteryear: goat milking and breakfast at Venosc + at Les 2 Alpes: open-air mass, parade in period costumes, country-style aperitif, hay-cutting demonstrations, folk groups, car-boot sale and sale of regional produce.

3 to 8 August

LES PARCOURS DE LA MUZELLE – 2nd edition

A unique concept: complete as many routes as you can within a time limit of 130 hours.

9 August

DUAL SLALOM BY BACK IN BIKE

11 August

EN RANDO, GARDE LE SOURIRE

A friendly walking event created by local people to help two associations for sick children: 'Il y a ton sourire' and 'Andréa on est là'.

12 August

LAKE PLAN FESTIVAL

14 to 17 August

TROPHÉE DES 2 ALPES

A 4-day golf competition organised by the Les 2 Alpes Golf Club.

17 to 23 August ^{new}

LE TOUR DES 6 VALLÉES

The Tour des 6 Vallées de l'Oisans, commonly known as the 6VO, is a new trail-running race spanning 7 days, 6 stages, 170 km and 10,000 m total elevation gain. The concept allows you to commit to the whole seven days or to choose one or more stages depending on your desires and ability level. [Learn more here](#)

23 to 24 August

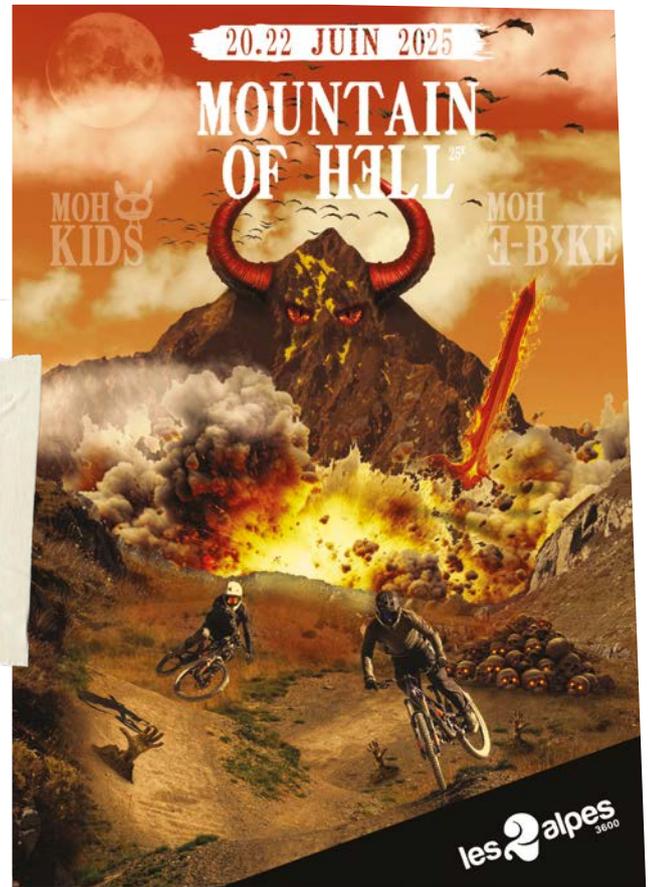
DH KIDS CUP - 2nd edition

The Club Les 2 Alpes VTT Riders is organising a downhill mountain-bike competition for youngsters aged 7 to 16.

25 August

COURSE DE GARÇONS DE CAFÉ

Fun-filled day with teams in fancy dress completing obstacles with a tray in hand!



NEW IN THE VILLAGES

VILLAGE OF VENOSC

17 July – THE CRYSTAL FESTIVAL
24 July – THE ARTS AND CRAFTS FESTIVAL
31 July – THE PEDDLERS' FESTIVAL
7 August – THE HONEY FESTIVAL
14 August – THE WOOD FESTIVAL
21 July – THE VENOSC VILLAGE FE

VILLAGE OF MONT DE LANS

15 August – MONT DE LANS PATRON SAINT FESTIVAL

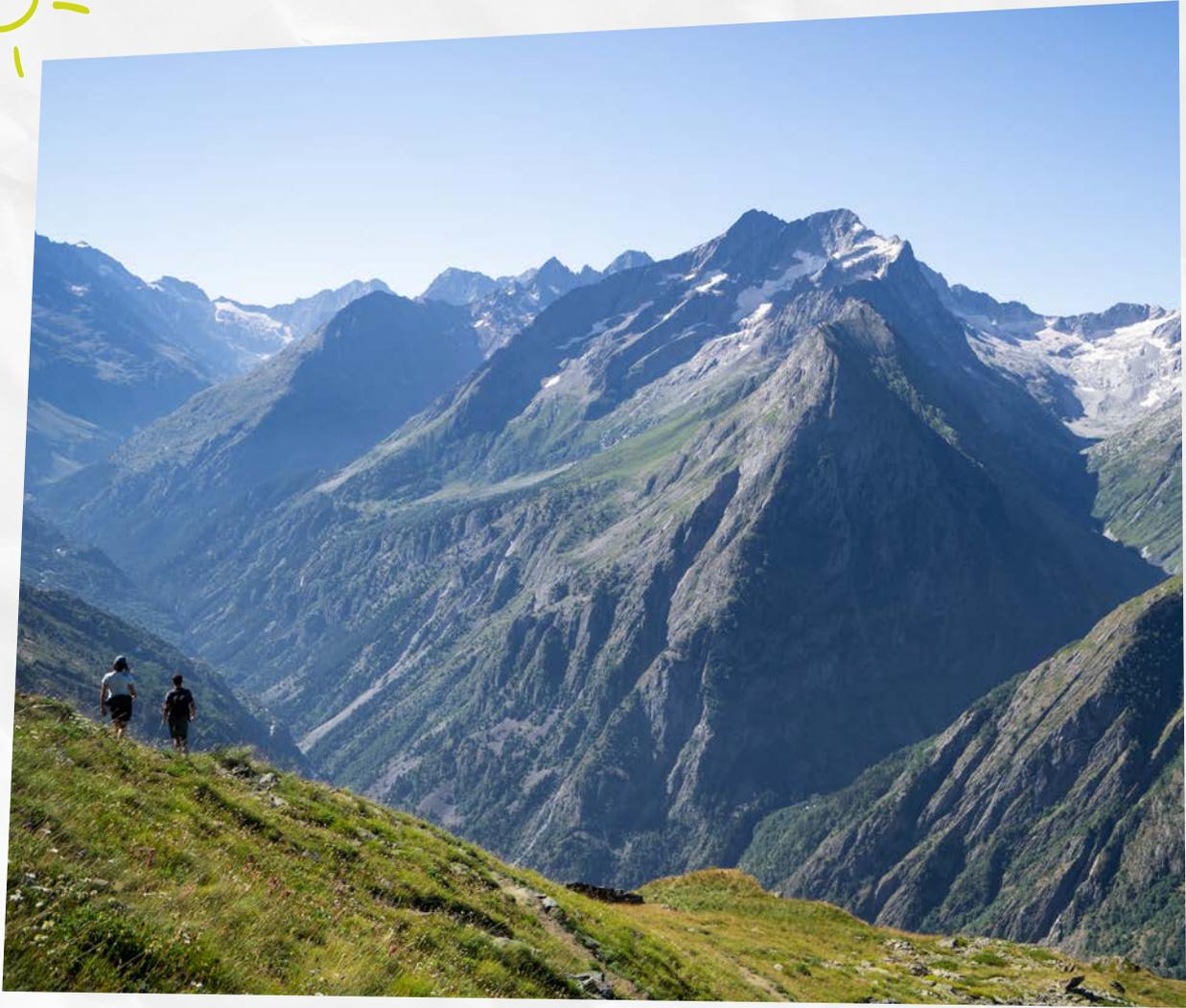
A TOUCH OF MADNESS IN OUR EVENTS

Crazy Race

Every Friday at 19:00 from 6 June to 29 August, a wild, fun-filled mini-bike race takes place: The Crazy Race. From 7 to 77 years old, girls or boys, novices or pros, everyone comes together to challenge each other on a chaotic bike course. Every Friday, the event takes place in different partner establishments in the resort! The Crazy Race Grand Finale is held on 29 August. Registration €5.



My adventure in Les 2 Alpes!

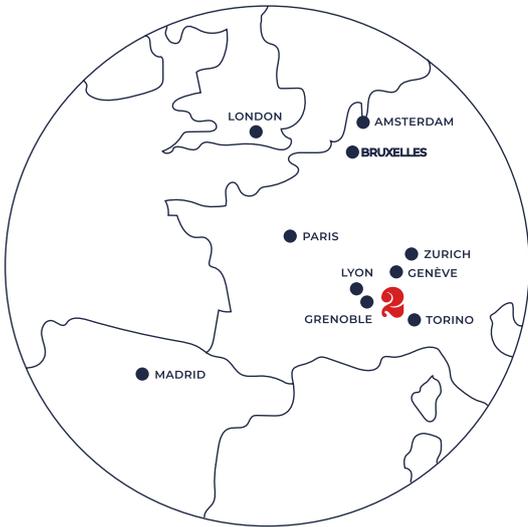


My first marmot!



06. Practical INFORMATION

1. LOCATION: LES 2 ALPES



By plane

- Grenoble Alpes Isère (1.5 hours)
- Lyon Saint Exupéry (2 hours)
- Geneva Airport (2.5 hours)

By train

- Arrival at Grenoble station (1 hour 15 by car or taxi and 1 hour 45 by bus)

By bus

- From Lyon airport: FLIXBUS or BLABLACAR BUS shuttles (1 hour) from €15.99 one-way then between Grenoble and Les Deux Alpes: CARS REGION or TRANSALTITUDE (1 HOUR 45 MINS) from €13.50

Full details

2. KEY FIGURES FOR THE LES 2 ALPES SPRING-SUMMER PERIOD



3600 M

The largest skiable high-altitude area in Europe.



24 %

Weight of summer season



30 000

Skiers and snowboarders
(90% pros)



40

Activities and leisure activities



4

Labels

Famille Plus, Label 2 Alpes, Qualité Tourisme, Les 2 Alpes s'engage



32 643

Tourist beds

35.9% pros, 12% private rentals, 42.7% not marketed and 9.4% closed.



579 700

Overnight stays

Hausse de 6.6% p/r à (N-1)



50 000

Walkers



25 000

Mountain bikers

NATIONALITIES REPRESENTED

89.5 %
FRENCH

10.5 %
FOREIGN

TOP 5 NATIONALITIES



FR BEL ITA



ES GB

3. RATES SPRING-SUMMER 2025

Activities	Periods	Adults	Children
Pedestrian (access at 3,400 m)	5 May to 13 June	€26	€19
	14 June to 31 August	€32	€25
Mountain biking (3,200 m to 900 m)	Weekends in May and June	€26	€19
	4H (14 June to 31 August)	€25	€19
	1 day (14 June to 31 August)	€32	€25
	6 day (14 June to 31 August)	€126	€100
Ski (high altitude domain)	5 May to 6 July	€49,50	€43

All prices here

* There are different prices for several days, weeks and families, depending on the altitude and the lift used.

4. A HIGH-ALTITUDE REGION, IDEAL FOR LOW PRICES!

During the spring and summer months, Les 2 Alpes stands out for its particularly attractive rates, offering a great escape at affordable prices. Known for its peaceful setting and breathtaking scenery, the resort appeals to families, groups of friends and couples looking for adventure and new experiences with unbeatable value for money. Accommodation is up to half the price of a winter holiday in the snow or a stay by the seaside.

ACCOMMODATION
is up to half the price
OF A WINTER HOLIDAY!

In summer, the average price per week is around €100 per person for a 4-person flat, compared with €150 in winter outside school holidays and €200 to €250 during school holidays. As well as attractive prices, the destination benefits from easier access, with less traffic while transport infrastructures are as efficient as in winter. A smart choice to enjoy the mountains without breaking the bank.



GOOD DEALS FOR SUMMER 2025

A STAY IN THE GREAT OUTDOORS

Open-air package including a 4-person apartment for a week, hikes at the gateway to the Écrins National Park, with access to all the ski lifts to take to the heights and enjoy a breath of fresh air from €135/pers.

A STAY IN A RESIDENCE

One-week stay for a family of 4 in a luxury tourist residence + services such as children's clubs from €500.

A HOLIDAY TO DISCOVER THE DESTINATION & ALPINE MOUNTAIN BIKING

Stay accommodation + 2-day mountain-bike pass + 6-day Oxygène pass (access to all lifts and all altitudes) from €200/pers. in an apartment (4 people) or in a hotel + breakfast from €465/pers.

MOUNTAIN OF HELL WEEKEND (mountain-bike event from 20 to 22 June)

From €145 (federation member) and €165 (non-member) per pers./2 nights in 4-person apartment + Mountain of Hell enrolment.

GOOD DEALS FOR SHORT BREAKS

One night's accommodation for 2 people in a B&B from €100/2-person apartment for 2 nights from €100/4-person apartment for 2 nights from €150.

Find all the info with LES 2 ALPES RESERVATION: reservation@les2alpes.com

More info [here](#)

CONTACTS

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2 ALPES RESERVATION

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